

COVID VACCINE INFORMATION

FOR CITY EMPLOYEES



ELIGIBILITY

The COVID-19 vaccination supply is limited and will be distributed to people in phases.

To check if you are eligible to receive the vaccine, visit:

<http://publichealth.lacounty.gov/acd/ncorona2019/covidvaccinedistribution/>



HOW TO GET THE VACCINE

Currently, a limited number of vaccines are available through a network of providers across LA County, including County sites, City sites, pharmacies and health providers. Other distributors will be added as supply becomes available. When eligible, you should get the vaccine wherever you can schedule it first. The vaccine is voluntary at this time.

To schedule with the County or City, visit:

vaccinatelacounty.com or corona-virus.la/covid-19-vaccine

When you go to your appointment, please make sure to have your identification and appointment confirmation ready. Be prepared to wait in line, too.



WHAT TO EXPECT

Per the Centers for Disease Control and Prevention (CDC), the vaccine **does not** contain a live virus; **You will not be infected** with COVID-19.

The vaccine is **free** to everyone. Your doctor or pharmacy may charge a fee, which your insurance should cover. People without insurance can get the vaccine with no out-of-pocket cost/payments.

When you select a site, you can choose one with a specific type of vaccine (both doses should be the same), and select walk up or drive through. Wear clothing that allows easy access to your upper left arm. Be prepared to wait.

There are two different, but equally effective, vaccines. Both vaccines require **two doses** to be fully protected. The effectiveness is 94% with two doses. Make note of which vaccine you are given as it affects the timeline of your second dose.



AFTER VACCINATION

You will need to be monitored on-site for any allergic reaction for approximately 20 minutes.



Per the CDC, you may experience side effects. They are **normal signs** your body is building up protection and should dissipate in a few days. Some common side effects include pain or swelling at the injection site, fever, chills, tiredness, or headache.

Schedule an appointment to receive your second dose 21 days after receiving your first dose for the Pfizer-BioNTech vaccine or 28 days for the Moderna vaccine.



Continue to wear a mask, practice social (physical) distancing, stay six feet apart, avoid gatherings, and limit indoor activities to protect yourself and others who have not yet received the vaccine.



MORE INFORMATION

City of LA Info - <https://corona-virus.la/covid-19-vaccine>

LA County Info - <http://publichealth.lacounty.gov/media/Coronavirus/vaccine/index.htm>

CDC Info - <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>

MAKE A PLAN

- 1. UNDERSTAND BASIC VACCINE DETAILS**
Find out how the vaccine works.
- 2. LEARN POTENTIAL HEALTH CONSIDERATIONS**
Talk to your primary care physician about allergies, pregnancy, and other conditions.
- 3. FIND LOCATIONS**
Be flexible amongst providers such as Kaiser, CVS, City and County (in which you live) sites, and Dodger Stadium.