

NUTRITIONIST, 2323

Summary of Duties : Performs studies and research of dietary patterns, food needs and other elements of nutrition; provides technical, educational and counseling services, to management, City employees and specific community groups on nutrition matters; and does related work.

Distinguishing Features : A Nutritionist determines the nature and magnitude of nutrition needs, and establishes long-range objectives and short-term project goals to improve the general health of individuals. An employee of this class is responsible for nutrition education and counseling within the framework of a general health program. A Nutritionist must have both technical knowledge in the field of nutrition and administrative ability in developing, conducting, and evaluating training programs. Work is assigned in general terms and reviewed for results obtained.

Examples of Duties : Conducts monitoring and assessment of food service and nutrition components of grant-funded community programs; provides technical assistance, consultation, and training to community groups providing nutrition services; develops nutrition education and food service sanitation programs; evaluates nutrition research and literature to determine its value; reviews and certifies menus; evaluates food service, and nutrition components of grant applications; establishes and maintains contact with nutritionists at all levels of government and in private industry to pool resources and share information; writes articles and reports for publication; and may occasionally be assigned to other duties for training purposes, or to meet technological changes or emergencies.

Qualifications : A good knowledge of the principles, practices, literature, and current developments in the fields of nutrition and diet therapy; a good knowledge of the application of nutritional and diet therapy principles and practices; a working knowledge of methods used in nutrition and dietary studies; the ability to conduct in-service training programs; the ability to prepare articles, demonstrations, and various forms of promotional and educational material; and the ability to deal tactfully and effectively with employees, management, City officials, and the public. Graduation from a recognized four-year college or university with specialization in dietetics, foods and nutrition or institutional food management and two years of experience assisting in the planning, development, and implementation of a program of technical, educational and consultive services in the field of nutrition for a specific community or designated group are required.

A Master's Degree in nutrition, dietetics, food or food management may be substituted for one year of the required experience.

Registration: Registration or currently eligible for registration as

a member of the American Dietetics Association is required.

License: A valid California driver's license may be required prior to appointment.

Physical Requirements: Strength to perform average lifting of less than five pounds and occasionally over fifteen pounds; good speaking and hearing ability; and good eyesight.

Persons with medical limitations may, with reasonable accommodations, be capable of performing the duties of some of the positions in this class. Such determination must be made on an individual basis in light of the person's limitations, the requirements of the position, and the appointing authority's ability to effect reasonable accommodations to the person's limitations.

As provided in Civil Service Commission Rule 2.5 and Section 4.55 of the Administrative Code, this specification is descriptive, explanatory and not restrictive. It is not intended to declare what all of the duties and responsibilities of any position shall be.